



Club Rules & Etiquette

All users are asked to adhere to the following rules as a courtesy to other users and to maintain our high standards. Spa Naturel Fitness reserves the right to exclude anyone who repeatedly breaks these rules.

GENERAL

1. Photography is strictly prohibited in all areas of the leisure club
2. Do not arrive at the leisure club under the influence of alcohol or drugs, you WILL be refused entry if suspected
3. Abusive or threatening behavior will not be tolerated against our staff
4. Be respectful to other users, they are here to relax, boisterous behaviour will not be accepted in our club
5. Do not use abusive, offensive or foul language

WET AREAS

1. Shaving is not permitted anywhere on poolside or shower areas
2. Soaps, oils & menthol/echalypus are prohibited in the pool area and thermal suite
3. No glass in the pool areas
4. Do not take a mobile phone or camera on poolside
5. Shower before entering the swimming pool and hydropool
6. No outdoor shoes to be worn in any wet area
7. No food in the pool areas
8. No alcohol in the pool areas
9. Swimwear must worn at all times
10. No children under the age of 16 are allowed in the thermal suite
11. Do not place towels/water/ice on the sauna/steam heaters or temperature probes
12. e cigarettts are not permitted anywhere in the club
13. Do not reserve loungers, towels will regularly be removed
14. No diving or running on poolside

GYM

1. Suitable clothing and clean appropriate footwear must be worn whilst using the gym facilities.
2. All equipment must be wiped down after each use.
3. Please reposition weights back on to the racks when they are not in use.

CHILDREN

1. Children over the age of 8 must use the appropriate changing rooms.
2. Any person under 16 must be accompanied by an adult at all times.
3. Children are prohibited from entering any areas of the leisure facilities other than the swimming pool.